

RETIRE IN PLACE

Complete Solutions For Retirement Living At Home



Personal Caregiver



Home Maintenance



Home Health Care



Transportation



House Cleaning



Diet & Fitness



Personal Advocate Team

- You're never alone!
- In-person or 24/7 phone and text availability
- Support for major healthcare/living decisions and evaluating home projects
- We're here to help when healthcare issues happen unexpectedly
- Coordinates appointments for physicians, skilled nursing and therapy services
- Leverage our network of screened providers, such as physicians, healthcare specialists, money managers and home modification companies



Nurse Supervisor

- In-person monthly supervisory visits
- Medication pill box refill
- No more worried family members!
- Our Nurse Navigators will coordinate services after a hospital stay

Activities



- Hobbies
- Events
- Stay engaged with neighbors, family and friends!



Professional House Cleaning

- Ensure comfortable and safe living areas
- Prevent mold and other causes of sickness

Meals

- Prepared by our caregiver to your liking and on your schedule
- Option for chef-prepared meals





Diet & Exercise

- Feel good!
- Pain management
- Fall risk reduction
- Coaching on diet to improve disease management
- Preventative healthcare teaching



Handyman Visits

- Reduce hazards
- Ensure comfortable surroundings
- Maintain safety and accessibility



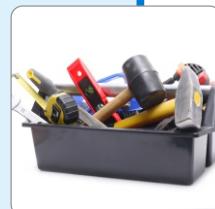
Caregiver

- 1-on-1 personalized care - hourly shifts or live-in
- Relief for family caregivers!
- Certified dementia specialists are available
- Comfort and safety
- Companionship
- Transportation
- Medication reminders



Year-Round Complete Home Maintenance

- Mowing
- Leaf removal
- Snow removal
- Plumbing check
- Gutter cleaning
- Termite inspections
- Dryer vent cleaning
- Chimney cleaning
- HVAC maintenance
- Winterizations



Retire-in-Place Services – Personalized Just For you



Our full-service packages are customized to your specific requirements. During our initial assessment, our goal is to listen and understand your lifestyle and healthcare needs.

Below are examples of our complete care solutions for a couple residing in a 2-story, 2500 sq ft home on a quarter acre lot.

		Essentials Package	Carefree Package
		<i>Complete alternative to assisted living.</i>	<i>First-class retirement in your own home.</i>
		\$13,000/mo.	\$28,000/mo.
Family Caregiver	24/7 support from your Personal Advocate Team	●	●
	ExactCare Medication Management	●	●
	Online portal and family caregiver dementia training	●	●
Care	Personal Advocate Team coordinates services	●	●
	Caregiver weekly schedule	M-F 9a-5p, S/S 9a-1p	7-days: 8a-8p or Live-in
	Meals	Caregiver-Prepared	Chef-Prepared
	Monthly nurse supervisory visit	●	●
	Medication reminders	●	●
	Car transportation with accompaniment	●	●
	Disease management, therapy and specialists	●	●
Home	Maintenance	Quarterly handyman visit	All inside/outside
	Cleaning	Monthly Visit	Weekly Visit
	Technical support for in-home devices from GetSetUp	●	●
Recreation	Personal Trainer assisting with fitness & diet goals	Monthly Visit	Weekly Visit
	Outings, events, hobbies and community engagement	●	●
	Online games/entertainment from GetSetUp	●	●

Caregiver Services A La Carte

Hourly Personal Care \$34-\$40 per hour
Live-in Care \$500 per day
Daily Caregiver Visit \$3500 per month
Daily Check-in Phone Call \$1300 per month



Download a free comparison to
assisted living
www.retireinplace.com/compare
703-230-5555

